Recipe of the Week Sweet Soy & Ginger Fish

8 small white fish fillets
(such as Sweetlip)
1/3 cup honey
1/4 cup reduced-salt soy sauce
2cm piece of ginger
(Peeled & grated)
1 teaspoon sesame oil
Baby Asian salad greens, to serve



Combine honey, soy, ginger and oil in a saucepan over medium heat. Cook, stirring, until marinade comes to the boil. Set aside to cool. Pour marinade into a ceramic dish. Add fish to cooled marinade. Turn to coat. Cover. Refrigerate for 30 minutes.

Preheat a chargrill or barbecue on medium heat. Remove fish from marinade, reserving marinade. Cook fish, brushing with marinade, for 3 minutes each side or until cooked to your liking.

Serve with Asian salad greens.