Recipe of the Week Prawn Tom Yum Stir-Fry



500g Green Prawn Meat-Peeled, Tail On
500g Mixed Vegetables—Carrot, Capsicum
Onion, Snow peas & Mushroom
250g Rice Noodles or Jasmine Rice
1 x 200g pack 'Passage to Thailand' Tom Yum Stir-fry Sauce

Heat 2 tsp of oil in a wok. Add prawn meat and cook on high for 2-3 minutes or until sealed. Add evenly sliced vegetables, continue to cook on high for 3 minutes. Reduce to low, add stir-fry sauce, stir-fry and cover for 2-3 minutes.

Serve on a bed of noodles or steamed rice. Garnish with Coriander.

This dish can be made with Prawns, Fish, Chicken or Tofu. For extra heat, 1-2 red chillies can be added with vegetables