Recipe of the Week Satay Fish Skewers



1 cup Coconut Cream 2 tbsp Mild Curry Powder 4 Cloves Garlic, crushed 2 tbsp Brown Sugar 40ml (2tbsp) Thai Fish Sauce 4 tbsp Chopped Coriander 1kg White Fish Fillets, cut into 2cm pieces

Place coconut cream, curry, garlic, sugar, fish sauce and coriander in a bowl and mix well until combined. Place fish in a bowl with marinade and stir well. Cover and refrigerate for 1 -2 hours.

Soak 25 wooden skewers in water to prevent them from burning. Thread 3-4 pieces of fish on each skewer. Preheated a frypan or BBQ plate to medium heat, grill skewers for approx 2 minutes each side, basting with marinade